

Child's name _____ age _____ sex _____

DOB _____

Parent/Guardian Name _____

Mailing Address _____

Town _____ ST _____ Zip _____

Email _____

Would you like to be on the GYC Email List Y N

Home Phone _____

Cell _____ Work _____

Emergency Contacts

Name _____ Relationship _____

Phone _____

Please list any allergies/medical problems _____

Participation in this program may involve risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. In consideration for participation in the program listed above, I hereby for myself, my heirs, executors and administrators waive and release all rights against the Gilford Youth Center, the Gilford Community Church, its officers, employees, agents, volunteers, and supervisors, except in the case of their sole negligence, from all losses, injury, damages, fees, and other expenses, arising out of or in connection with participation in the program and activities.

In addition, I give my permission for the child to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

As a parent, guardian or participant, I allow the Gilford Youth Center to take my child's picture/video for advertising and promotional purposes.

Signature of Parent/Guardian

date



Children's Hip Hop & Funk Dance

AGES 5-9



February 2012

Children's Hip Hop Dance

Children's Hip Hop Dance

Take a break and relax while your child enjoys a fun filled Hip-Hop/Funk Dance Class. Your child will move to the beat and let loose as they are introduced to basic Hip Hop moves. Step to the beats and learn the latest Hip Hop moves with your friends. Proper stretching, High energy moves, and a fund routine will be taught

Ages: 5-9 years olds



This Class Enhances Children's:

- ~ **Self-esteem**
- ~ **Coordination**
- ~ **Strength**
- ~ **Attention span**
- ~ **Balance**
- ~ **Flexibility**
- ~ **Confidence**
- ~ **Body Awareness**
- ~ **Creativity**
- ~ **Gross and Fine Motor Skills**

Class Schedule

Thurs, Feb 2	5:30-6:30pm
Thurs, Feb 9	5:30-6:30pm
Thurs, Feb 16	5:30-6:30pm
Thurs, Feb 23	5:30-6:30pm

Cost

\$30 Entire Session (4 Classes)



Meet the Staff

Karla Cooper has dedicated her life to children for over ten years. She holds a degree in Early Childhood Education and has experience teaching Pre-school, Kindergarten, and Running her own After-School Program. She owns a Business called Karla's Creative Kidz teaching Dance and Enrichment classes to children. She maintains an active CPR qualification, and is also Certified Dance Instructor. Karla was recently married and is new to the Lakes Region Area.

